Get out and get moving with our Empire State Race Off team “KTL Books It.” This course will help you go in all four directions as you add up mileage for the challenge.

If you’re not on our team, use this path to get in some exercise, which will improve your physical and mental health.

Start at the Kirkland Town Library and walk west for .25 miles to Dwight Avenue and help us confirm that All’s Quiet on the Western Front.

Turn left onto Dwight and head south for .6 miles to the intersection with Franklin and Meadow Streets. While you are walking, think about the southern comfort found in the books of Dorothea Benton Frank, Anne Rivers Siddons, and Mary Alice Monroe.

Turn left onto Franklin, going East of Eden for .2 miles and, as the road bends, continue for another .7 miles on a northerly route that Richard North Patterson would surely approve of.

At the end of Franklin, turn left back onto College Street and Exit West back at the KTL.

Be safe! While you are walking, keep six feet of social distance between you and anyone else. Wear a mask if the streets are crowded. If you are on a road without sidewalks, walk against traffic as far out of the street as possible.